

Name : -----

number -----

READING COMPREHENSION: (6pts)

My husband had smoked for 30 years. He smoked at least 2 packs a day. When he decided to give it up we planned a family trip to Yellowstone to get him out of his usual environment and provide a place that was natural to help his efforts! We travelled by car so that he wouldn't be able to smoke with us and drove for hours! This was the first step to help my husband stop smoking.



We talked about the area, read books and took hikes. The kids and I just kept him busy and when he got stressed we asked him to be our cameraman or do something that would distract him from his withdrawals. It helped to have something in his hands that he needed to concentrate on instead of his old nasty habit!



It worked and he has been smoke free since September 1992! He even went on to become a runner which helped him deal with his daily stress and not light up a cigarette!

A holiday in a beautiful environment helped him quit because his routine was completely different for several days! The hardest thing for our family was dealing with his cranky attitude without becoming annoyed or angry with him. He was doing the best he could to be a better parent.

Activity 1: Tick the best alternative: (1pt)

The text is about a woman who:

- helped her husband to stop smoking
- left her husband because of smoking
- enjoyed smoking

Activity 2: Are these statements correct or incorrect? Write YES or NO and justify: (4pts)

- 1- The husband was a heavy smoker. (----)
- 2- The husband smoked in the presence of his children. (----)
- 3- Sport helped the husband to stop smoking (----)
- 4- The husband stopped smoking because he wanted to please his family. (----)

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Activity3: What do the underlined expressions mean? Tick the correct alternative: (1pt)

- old nasty habit travelling  smoking  reading books
- cranky attitude calm  happy  bad-tempered

LANGUAGE: (8pts)

Activity 1: Match the sentences halves to get a coherent paragraph: (there's an extra part) (2.5 pts)



- 1- I think using internet has more advantages
- 2- First of all, Internet provides access to a lot of information
- 3- You can also do shopping
- 4- Another t advantage of internet is email,
- 5- Sending an email is much cheaper

- A- which are very important in your job or study.
- B- than phoning or sending normal letters.
- C- than disadvantages.
- D- using Internet.
- E- when Internet is down they are getting furious.
- F- Internet mails get in a few seconds to their destinations.

(1 →---) (2 →---) (3 →---) (4 →---) (5 →---)

**Activity 2: Fill in the blanks with the correct alternative from the margin: (2.5pts)**

	<p>Traveling has <b>1)</b> ----- me with remarkable opportunities to learn different cultures, new languages, taste different food, have <b>2)</b> ----- and meet many people from different walks of life. It's also enabled me to know people <b>3)</b> ----- have similar interests as me. I might be worried when I first <b>4)</b> ----- in a strange country; however the only way to have a <b>5)</b> ----- journey and an unforgettable travel experience is to overcome my fears.</p>	<p>1) provide / provided / providing                  2) fun / mail / service                  3) which / who / when                  4) take off / fly / land                  5) successful / succeed / success</p>
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**Activity 1: fill in the blanks with words from the box: (There's an extra word) (3pts)**

<p><b>breathe / pollution / asthma / which / campaign / ought / harm</b></p>	
	<p>Most experts agree that the most serious problem affecting earth is <b>1)</b> -----and loss of resources. Pollution causes great <b>2)</b> -----to air, land and water; this affects all life on earth. Toxic fumes of factories and motor vehicles are making it difficult for humans and animals to <b>3)</b> ----- . Taking steps to prevent or limit pollution is one of the important things we <b>4)</b> ----- to do to protect life on earth. As individuals, we can follow the rules of "reduce, reuse, recycle" daily. As families, we can try to use materials <b>5)</b> ----- are environmentally friendly and as students we can <b>6)</b> -----to make people aware of the importance of a clean environment.</p>

**WRITING (6pts)**

**Activity 2: Write an article in your school magazine about how to be healthy**

**(The pictures below may help you)**




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