

KHALED IBN EL WALID
SECONDARY SCHOOL

End of Semester 1 Test 1
JANUARY 2018

Mrs DZIRI

Subject : ENGLISH
1st Form (3/ 4 / 5)

Reading Passage

(1) I'm Ryan. I'm 19. I'm addicted to information technology and gaming, so that's any form of electronic gaming or the pursuit of information without purpose. I've always been interested in video games, from a very young age. It never really started to get bad for me until middle school and into high school. As time progressed, it just continued to get worse and worse. It started to affect my school grades, interpersonal relationships, and things of that nature.

(2) Then I went off to college, planning on being very successful, and that's when my gaming addiction kicked in. Towards the end of my first quarter, it got really bad. In my second quarter, I didn't go to any classes. I just spent the entire time on the computer. My lowest point was when I realized what I had been doing, that I was on the track to flunk out of college. This would result in me being homeless because my parents had said they wouldn't support me if I didn't succeed in college. Unable to find a way out of this mess, they were very worried. At that point, I just decided something had to change.

(3) People don't take internet addiction seriously at all, and it's extremely hard to have it accepted. I'm in a program called The reSTART Internet and Technology Recovery Program. You have to go to 12-step meetings and talk to people in your recovery group, and even other recovering addicts don't accept it as a problem. They are always in denial. Internet addiction is becoming more commonly accepted, but there's still a huge culture of 'It's not a problem, just turn off the computer' sort of mentality. It's not that simple.

distractionpodcast

August 29th, 2016

(Adapted)